Community-Based Care Coordination Fact Sheet

Ten Facts Providers Need to Know about Community-Based Care Coordination

- 1. There is no cost to you or your patients for care coordination.
- 2. Care coordinators do not interfere with your patient care and are not a replacement for their own provider.
- 3. Care coordinators are registered nurses, nurse practitioners, physician assistants, or other qualified professionals who follow the care plans established by the patient's provider.
- 4. Care coordinators identify and work with patients who have multiple chronic conditions and who are at high risk for readmission and/or frequent use of the emergency department.
- 5. Community-based care coordination is provided to all providers and social service resources for patients identified.
- 6. Care coordinators have frequent contact with patients to check on individual needs relating to the quality of their health, care needs, and lifestyle issues.
- 7. Care coordinators find ways to "connect the dots" for patients with multiple providers and community resource needs.

Care coordinators:

- Help patients prepare for visits with providers
- Ensure providers share information about patients in transitions of care
- Proactively manage patient care needs, such as obtaining transportation and nutrition support
- Monitor reminder systems for patients, such as taking medications, keeping scheduled appointments, obtaining applicable preventive care services, etc.
- Provide patients and their family/caregivers health education and supplemental discharge instructions
- Aid in medication reconciliation in transitions of care
- Monitor physiological and psychological signs for needed interventions
- Help patients or family members/caregivers maintain a personal health record
- 8. Care coordination empowers patients and their family/caregivers to be engaged as part of the Patient Care Team and to participate in shared decision making.
- 9. The goal of community-based care coordination is to improve the quality, cost, and experience of care for patients, and to develop lasting self-management skills.
- 10. Community-based care coordination is an important way to help providers succeed under advanced payment models, such as shared savings arrangements with an insurer.

Your care coordinator is:

Please contact him/her at: _____

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