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| Functional Risk Assessment—Part 1 | | |
| Activities of Daily Living | Independence:  (1 point each)  *No supervision, direction, or personal assistance needed* | Dependence:  (0 point each)  *Supervision, direction, personal assistance, or total care needed* |
| Bathing  Score: \_\_\_\_\_ | Bathes self completely or needs help in bathing a single body part | Needs help with bathing more than one part of body, getting in or out of tub or shower, or total bathing |
| Dressing  Score: \_\_\_\_\_ | Gets clothes from closets and drawers and puts on clothes and outer garments complete with fasteners; may have help tying shoes | Needs help with dressing self or needs to be completely dressed |
| Toileting  Score: \_\_\_\_\_ | Goes to toilet, gets on and off, re-positions clothes, cleans without help | Needs help transferring to toilet, cleaning, or uses bedpan or commode |
| Transferring  Score: \_\_\_\_\_ | Moves in and out of chair unassisted; mechnical transferring aides are acceptable | Needs help in moving from bed to chair or requires a complete transfer |
| Continence  Score: \_\_\_\_\_ | Exercises complete self control | Is partially or totally incontinent |
| Feeding  Score: \_\_\_\_\_ | Gets food from plate into mouth without help; preparation of food may be done by another person | Needs partial or total help with feeding or requires parenteral feeding |
| Total  Score: \_\_\_\_\_ | Interpretation: 6 = patient independent, 0 = patient very dependent | |

## Functional Risk Assessment—Part 1

1. Activities of Daily Living (ADL) are those basic elements of self-care that indicate a need for supportive services, such as home health care.

Scoring

1 point = No supervision, direction, or personal assistance needed

0 points = Supervision, direction, personal assistance, or total care needed

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| Functional Risk Assessment—Part 2 | | | |
| Instrumental Activities of Daily Living | Date: | Date: | Date: |
| Administering own medication | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ |
| Grocery shopping | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ |
| Preparing meals | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ |
| Using the telephone | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ |
| Driving and transportation | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ |
| Handling own finances | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ |
| Housekeeping | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ |
| Laundry | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ | Score: \_\_\_\_\_ |

## Functional Risk Assessment—Part 2

2. Instrumental Activities of Daily Living (IADL) are those associated with independent living in the community and for which there may need to be community resources required for maintaining the person’s independence.

Scoring

3 points = no help is needed

2 points = some help is needed

1 point = person is completely unable to perform a function

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