

# Stratis Health

## Q&A

**Q.** What does Stratis Health do?

**A.** Stratis Health is celebrating 50 years as an independent nonprofit 501(c)3 organization with a mission to collaborate and innovate to improve health by shifting the focus from volume to value. We are trusted experts in leading health care transformation to make lives better, developing and guiding health improvement initiatives across the country and across the continuum of care that result in better health care and safety for people and communities.

**Q.** Why is transforming health care so important?

**A.** Deep fractures in the U.S. health care system have become impossible to ignore during the pandemic, especially in acute and long-term care. Uncoordinated efforts and a lack of preparedness have certainly been illuminated, as has the deeply troubling issue of health equity. As a nation, we've been focused on the staggering and unsustainable cost of health care. Stratis Health is focused on fixing the root cost drivers compassionately and sensibly.

**Q.** Can you give me an example of how you're succeeding in doing this?

**A.** Our team is working hard to accelerate the growth of health care practices that move beyond disease to preserving health and respecting the needs and wishes of individuals along the continuum of care. As one example, our rural palliative care program assists communities with program development and in building skills to improve advance care planning, symptom management, communication coordination, and delivery of care to improve the quality of life and care for those with chronic disease or life-limiting illness. The result? Happy and satisfied patients, stronger communities, and much lower costs for all.

**Q.** What is your methodology for driving transformation?

**A.** Our proprietary Transformation Framework defines the foundations necessary for organizations to improve and sustain change in health care and the actions needed and desired between health care and community. We help customers build relationships, manage populations, and add value in a rapidly changing environment. Core to the framework is addressing health equity and social determinants to achieve better care, better health, and lower costs.

**Q.** What kinds of organizations do you work with?

**A.** We are funded by federal and state government agencies, foundations, and private customers such as health plans, health systems, ACOs, and employers. Much of our work to date has involved programs and initiatives involving hospitals, nursing homes, home health agencies, and public and community-based organizations. We are very excited about evolving our business model to expand our reach into the private sector.

- Q.** What makes your staff uniquely equipped to improve health care for people and communities?
- A.** Our agile and highly experienced and respected team members share a commitment to delivering data-driven insights, evidence-based interventions, and leading-edge improvement methodologies that inspire organizations and communities to discover solutions to the most complex and diverse health improvement challenges. Among our 14 key initiatives, we have amassed remarkable results that reflect how we are delivering on our mission.
- Q.** That sounds like a lot of initiatives! How can you be experts in so many?
- A.** Our initiatives are interconnected, but take many forms, from conducting traditional quality improvement studies, to problem-solving in complex and rapidly changing conditions, to developing and disseminating best practice tools. Working at the intersection of research, policy and practice, we offer services and solutions that strengthen organizations, redesign care delivery, and build community capacity.
- Q.** How can I learn more?
- A.** We look forward to scheduling a virtual meeting to learn more about your challenges and how we can help! In the meantime, we have recently updated our [website](#) to make it easier to familiarize yourself with Stratis Health.