

Disparities in Childhood Health

Wednesday, July 28, 2021

12:00 – 1:00 PM

Topic: Minnesota is one of the healthiest places to live in the US. Despite that, health disparities negatively impact our BIPOC communities, surprisingly even prior to birth. Black/African American and American Indian children are especially impacted by these disparities. For example, immunization rates for black/African American children are over 26 points lower than white children in Minnesota by age 2. The Covid 19 pandemic has exacerbated these inequities.

This webinar will look at disparities in childhood health such as immunizations and well childcare. Clinicians and public health entities have a role in finding solutions to improving these gaps in care. Drs Maxwell and Singh will share what works for them with their patients and some of the strategies they have used to try to bridge this gap. They will discuss what they have learned from their patients, how we can work together as a health care community and with BIPOC families to better serve the children in our care, and how to have these discussions with families.

Presenter(s):

Andrea Singh, MD, Co-Chair, HealthPartners Children's Health Initiative, Park Nicollet Pediatrics Chairperson

Andrea Singh, MD, is the Chairperson of the department of Pediatrics at Park Nicollet, as well as Co-chair of the HealthPartners Children's Health Initiative, practicing pediatrician and mom of two adolescent boys. In addition, Dr. Singh currently serves on the Medical Advisory Board for virtuwell which is HealthPartners on-line clinical care platform and volunteers as a Pediatric Medical Advisor for Make-A-Wish of Minnesota. In 2019, she was appointed to the Minnesota Governor's Children's Cabinet Advisory Council and in 2020, was elected to the MN American Academy of Pediatrics Board of Directors. Dr. Singh was honored to be the 2019 CDC HPV Vaccination Champion Award recipient for the state of Minnesota.

Jason Maxell, MD, HealthPartners Pediatrics Chairperson

I adore the energy and vitality of children as well as their unique perspective on life. It's a joy to watch them grow and develop. I've worked with children in every job I've ever had in my life and couldn't imagine it any other way. In other words, I'm a "kid person." I believe not only in treating children, but also educating parents so that they can make the best health decisions for their kids. I spend as much time as needed with each family, regardless of what the clock says.

I am an avid bicyclist and do yoga weekly. I love to cook, although following recipes is not my thing. But my true love is travel and meeting people from around the globe. From Wichita, Kansas, to Paris and rural Vietnam, my goal is to experience as many places as I can. **Education, Training, and Certifications** -Medical School: Mayo Graduate School of Medical Education 1999; Residency in Pediatrics: University of Minnesota Amplatz Children's Hospital 2002; Certification: Am Bd of Pediatrics

Who should participate/Audience:

Health care providers, nurses, public health, health educators, social workers, Community Health Workers and anyone who interacts with families with young children.

Objectives:

- Understand the disparities that exist in children's health
- Identify strategies to work with parents to meet their child's health goals
- Identify strategies for communities to impact children's health

CEU - Participants should contact their relevant licensing board to determine if this program will meet continuing education requirements and CEU values.

This webinar is free, but space is limited, click here to [Register](#).

This webinar is presented by a collaboration of Minnesota health plans. Thanks to Blue Plus, HealthPartners, Hennepin Health, Medica, South Country Health Alliance and Ucare for their commitment to this issue.

