

## The Nation's Leader in Quality Improvment for

# **RURAL HEALTH CARE**

Through decades of experience working in a wide range of rural health care organizations and engaging with rural partners locally and nationally, Stratis Health knows how to improve rural health effectively and efficiently.

# **Areas of Expertise**

Our team combines a deep understanding of the challenges and strengths of rural communities, and concentrates on the practical application of knowledge and skills to support meaningful advances across a variety of topics including:

## **Quality Improvement Implementation**

Engage participants in incorporating concepts from the <u>Stratis Health QI Basics</u> <u>Course</u> into practice to strengthen the organization's quality infrastructure.

## **Community Engagement**

Support the implementation of best practices for engaging patients and families, and effective strategies for building community coalitions and referral networks.

## **MBQIP Focused Improvement**

Work with critical access hospitals to identify and implement strategies to enhance reporting and performance on Medicare Beneficiary Quality Improvement Project (MBQIP) measures.

## **Improving Workflows and Efficiencies**

Provide a structured approach and coaching to assist teams in prioritizing and addressing workflow challenges focused on time-saving strategies, and improving teamwork and communication.

## Leadership Development and Staff Engagement

Support leaders from board to middle management and front line staff in understanding their role in advancing population health and value-based care by applying change management concepts to effectively lead improvement initatives. Stratis Health uses a Customized Approach, designed to be actionoriented and sustainable.

### Key steps include:

#### Assess

Conduct an organizational assessment to identify strengths and opportunities in selected improvement areas.

#### Educate

Provide targeted education that supports foundational skills and knowledge on selected topic(s) of focus.



#### Plan

Work with participants to prioritize needs, develop goals, and design an action plan to implement and enhance in selected improvement area(s).

#### Implement

Provide 1:1 coaching to support progress, identify resources, problem-solve, and celebrate success for at least one focused activity.

#### **Evaluate**

With feedback from participants, produce a final report summarizing activities and lessons learned.





## **Flexible Implementation Methods**

Our team offers a range of implementation options to support rural health care organizations, including:

- Learning Collaboratives The All-Teach/All-Learn Approach provides for interactive learning to leverage the experience and knowledge of participants while providing the education skills and frameworks needed to support improvement.
- Individualized Technical Assistance Targeted education, planning support, and implementation coaching on a chosen topic.
- Strategic Planning and/or Program Assessment Program or facility level needs assessments to facilitate planning and implementation.

## **Collaborative Project Design**

Stratis Health collaborates with customers to co-design and implement a customized work plan that accounts for local context and the unique needs of participating organizations. For example, based on customer needs we are able to provide recruitment resources, project tracking and evaluation, virtual event hosting, and participant communication.

#### For more information or to schedule a consultation contact:

Sarah Brinkman sbrinkman@stratishealth.org 952-853-8552

Karla Weng kweng@stratishealth.org 952-853-8570